



# COACH CASE STUDIES

Stories from imployable's bespoke coaching service



## TRACEY

Coached by **Chris H**

**“TRACEY WAS ABLE TO SECURE A TEMP JOB WORKING FOR 2 COUNCILS”**

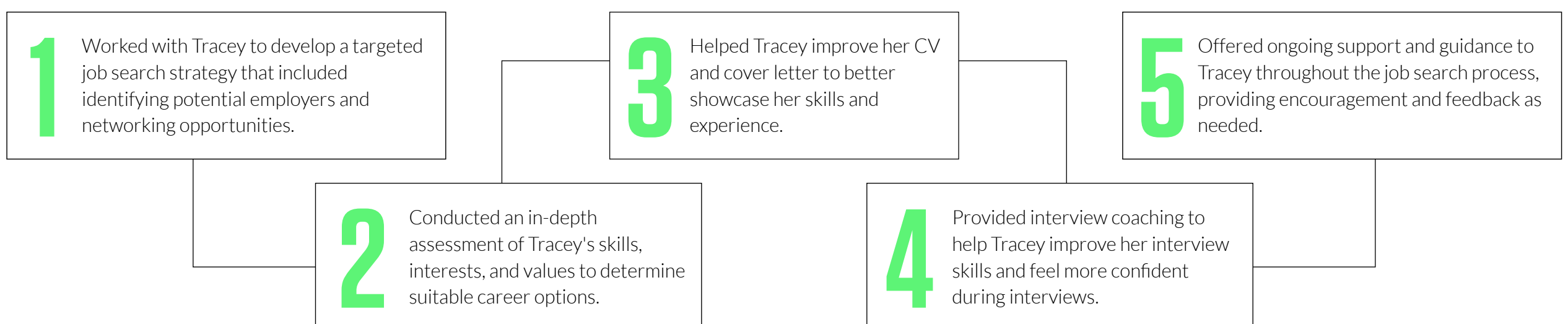
### BACKGROUND

Tracey was a job seeker who had been struggling to find a suitable job for several months she was referred to imployable through Maximus on the restart programme. She had a diverse skill-set but was unsure of how to best present herself to potential employers. She sought the help from Chris at imployable, a career coach, to help her navigate the job search process and find a fulfilling career.

### OBJECTIVES

- Identify Tracey's strengths, interests, and values to determine suitable career options.
- Develop a targeted job search strategy to increase Tracey's chances of finding a suitable job.
- Help Tracey improve her interview skills to increase her chances of getting hired.
- Provide ongoing support and guidance to Tracey throughout the job search process.

### ACTIONS



### RESULTS

Tracey completed the 8-session 1-2-1 coaching program with Chris over a period of 5 weeks. She was able to identify her strengths, interests, and values, which helped her determine suitable career options and built her confidence through completing strategized goals with Chris. With the help of Chris, Tracey developed a targeted job search strategy that resulted in her finding a 12-week temp job working a hybrid role, paying a decent wage that she was happy with. Tracey's intention was to learn as much as possible and do an excellent job to secure a permanent position with the councils. Tracey expressed gratitude to Chris for his support, care, and help throughout the coaching program.

### CONCLUSION

imployable's coach Chris' career coaching services helped Tracey identify suitable career options, develop a targeted job search strategy, and improve her interview skills. As a result of their work together, Tracey was able to secure a temp job working for 2 councils, which she intends to turn into a permanent position. Chris provided ongoing support and guidance throughout the process, which helped Tracey feel more confident and empowered during her job search.

